

IMPROVING

PARENT-CHILD

RELATIONSHIPS

Watch real-life video of families in action in this 20-episode program.

You will learn:

- A positive approach to discipline
- How to establish parental credibility without punishment or coercion
- How to build a positive relationship with your child
- Strategies to increase cooperation and contribution in the family
- Effective ways to set up and maintain rules and routines

and more...

