

SASTOW LAW & MEDIATION

Offices located in:

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SHERYL-ANNE SASTOW, ESQ.

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Sheryl-Anne Sastow, Esq. is a highly respected Attorney/Mediator. For the past 16 years, she focuses her practice on serving as a neutral in Divorce and ElderCare/Family law mediations and as a Court Evaluator or Attorney for the AIP, in Article 81 Guardianship proceedings. She has been practicing since 1998.

Sheryl-Anne's prior ten years of litigating matrimonial and personal injury/products liability cases, along with her degree in Psychology, enables her to provide her mediation and collaborative clients with, not only an in-depth knowledge of the litigation process, but also enables her to emotionally assist her clients in their times of need.

Sheryl-Anne is one of the few Accredited Mediators with the New York State Counsel of Divorce Mediation and is a founding member of the Academy of Professional Family Mediators. She is a winner of the Nassau County Bar Association's "Lawyer's Choice Award" of the Faculty Bridge the Gap Weekend and was awarded 2019 Ten top Female Attorneys award and has been selected to the New York Super Lawyer list, (top 5% of attorneys in New York), Lawyers of Distinction and Best Attorney's Top 10 Family Law Attorney List, (top 0.05% in the USA).

Sheryl-Anne Sastow opened her law firm, Sastow Law & Mediation, in 2007, where her primary focus is to help clients either avoid the trauma of litigation, or to help resolve a situation that is already in litigation. Sheryl-Anne mediates on-line and in person.

Sheryl-Anne also serves on the following esteemed Panels as Mediator, Early Neutral Evaluator, Court Evaluator and Arbitrator:

Mediator Panels:

Esteemed Masters Matrimonial Mediation Panel – Supreme Court Nassau County
Divorce Mediation Panel – Nassau County Bar Association
Divorce Mediation Panel – New York County Supreme Court
Divorce Mediation Panel – Nassau County Supreme Court Matrimonial Part
Elder Law Mediation Panel –Nassau County Bar Association
Elder Law Mediation Panel – Nassau County Surrogates Court
Commercial Mediation Panel –Nassau County Bar Association

Early Neutral Evaluator Panel:

Nassau County Supreme Court Personal Injury Early Neutral Evaluator Panel (over ten years)

Court Evaluator/Attorney for the AIP Part 36 Panel

For the Nassau County Supreme Court Article 81 cases

Arbitrator Panels:

FINRA (Financial Industry Regulatory Authority)

Nassau County District Court, handling commercial cases

Nassau County Bar Association

Sheryl-Anne has lectured and given CLEs at the:

Nassau County Bar Association on Alternative Dispute Resolution

Nassau County Bar Association on Mediation and Integrated Collaborative Dispute Resolutions

New York State Council on Divorce Mediation on Domestic Violence Issues in Mediation

Jewish Lawyers' Association on the Jewish GET Law and implications for Mediators

Hadassah Attorney's Chapter on the Jewish Get Law and New York State Law and Divorce

Other such presentations.

Radio and Television:

Sheryl-Anne has appeared on the radio show "Law You Should Know" and on cable television on Mediation and appeared on various Podcasts

Trainings:

For the past over 20 years, on an annual basis, Sheryl-Anne continues to extensively train (and teach) in all aspects of mediation and collaborative law. She stays abreast of all updates in Matrimonial Law by attending CLEs in Matrimonial and Family Law and other available avenues. She is a member of the Matrimonial Inns of Court and has presented there on Alternate Dispute Resolution there as well. She is also an active member at the Nassau County Matrimonial Law Committee and Elder Law Committee. Below is just a small sampling of the multitude of her trainings through the years.

1. Sample Mediation Trainings:

- a. **10.5 - 18.5 hours annually since 2007** (New York State Council on Divorce Mediation three (3) day Mediation Conferences) and other Divorce Mediation trainings. Dozens of hours annually.
- b. **14 hours** – Elder Care Decisions -Advanced Adult Family Conflict Resolution Mediation Training, (2016 - Elder Decisions)
- c. **14 hours** -- Advanced Divorce Mediation Training (January 2013, February 2013, Rodd Wells and Steve Abel: Center for Mediation and Training)
- d. **12 hours** - Commercial Mediation Training (March 2011, Nassau County Bar Association)
- e. **14 hours** of Advanced Divorce Mediation Training (Oct 2010 Community Mediation Services, Inc., Queens)

- f. **24 hours**, Custody and Visitation Mediation Skills Training, (Oct 2009, Community Mediation Service, Inc. Queens)
 - g. **42 hours** Community Mediation Skills Training, (Oct 2009, Community Mediation Service, Inc., Queens)
 - h. **3 hours**, The Art and Future of Mediation, (Dec. 2008, Dan Weitz presenter)
 - i. **42 hours**, Basic Training in Divorce Mediation, (Oct –Nov. 2007, Center for Mediation and Training, NYC)
 - j. **2 hours** training, Domestic Violence, (November 2007, Center for Mediation and Training, NYC)
 - k. **3 hours**, Representing Your Client in Mediation, (May 2007, Suffolk County Bar Association)
 - l. **8 hours, Divorce Mediation**, Touro Law School Private Training (Spring 1997)
 - m. **15 hours**, Mediation Training, (1996, Eastern Suffolk Boces)
2. **Collaborative Law Training:**
- a. **18 hours**--18 hours of interdisciplinary Collaborative Divorce Training, which includes mediation skills as well. (2007-2008, Dan Weitz- initial presenter)
 - b. **3 hours**--Collaborative Divorce Training (2010, Andrea Vacca, Association of Collaborative Divorce)
 - c. Continuous learning annually
3. **Neutral Evaluator Training:**
- a. **6.5 hours**, Part 146 Neutral Evaluation Skills Workshop, Supreme Court Nassau County (Sept. 2008, Dan Weitz presenter- Office of ADR and Court Improvement Programs, NY Unified Court System)
4. **Arbitration Training:**
- Trained and Certified by FINRA as an Arbitrator on broker-dealer disputes (Three day training)

Education:

Graduated *summa cum laude, Phi Beta Kappa*, from the State University of New York at Albany in 1983, with a degree in Psychology. Spent six years in commercial real estate and then returned to her studies and went to law school, receiving her Juris Doctor degree, *Cum Laude*, from the Touro College Jacob D. Fuchsberg Law Center in 1997.