



Fredric D. Rubin, JD

Was there anything in your childhood that indicated that you'd be good for this career?

When I was in college, I recognized that I had the talent to navigate and settle disputes between competing forces.

What were your early influences in building your career?

When I first saw Henry Fonda in the movie *Twelve Angry Men* he used logic to move and change people's perceptions and positions. I knew that's what I wanted to do.

Why did you become a Mediator?

Years ago I was trying to resolve three divorce cases at the same time. Each case took on a "life of its own," and the litigants were all caught in the middle. I thought there had to be a better way of settling them. If I did not have all three at once and did not look for that better way, I probably would not have had the impetus to discover mediation.

What's the best part of your job?

Most people come to attorneys when they have a problem or are in a bad situation. I get great satisfaction when I can take their bad situation and improve it.

What's your mediation style or personality?

A lot of people come to vent about the other party. I try to listen but provide a reality check. I keep them on task by continuing to ask them why they're here and how can I help. I'm extremely empathetic.

Why should a couple come to you vs. another Mediator?

I'm approachable, flexible and balanced in dealing with people with conflicting perspectives. Each couple is different, and their issues and needs are different. There are no cookie cutter solutions. I make the process work for them.

What's the one thing you'd like a prospective client to know about you?

I understand that they're going through a rough period, and for most people, the traditional way of resolving marital situations doesn't give them a place to be heard. I try to instill a belief that I will give them a safe place to be heard, and that it's important to work with someone who cares about them.