



Understanding Myself And Others In The Workplace

Communication and understanding are the keys to enhanced working relationships and collaborative teamwork. People need to do things in organizations in ways that make sense to them in order to be most productive. It is estimated that as much as 95% of conflict comes from differences in the way people **prefer** to do things--**NOT** from tasks and issues. **Communication Style**-- the natural, preferred way a person approaches people and tasks--is one of the most important pieces that determines how people function in the workplace. In this workshop participants will:

- 1 Discover their personal workplace Communication Style
- 2 Gain an understanding of the interaction among diverse styles
- 3 Explore the strengths and excesses of each style
- 4 Develop a sensitivity to the working style needs of others
- 5 Appreciate the benefits of diverse styles to a quality organization
- 6 Learn self-management strategies for individual styles
- 7 Discover ways to bring out the best in each other
- 8 Look at ways to employ styles information in the workplace